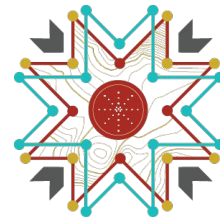


APPLYING THE WHOLE-FAMILY APPROACH: AN INTRODUCTION TO TRIBAL HOME VISITING (THV)

COMMUNITY SERVICES BLOCK GRANT
TRIBAL NETWORK 2022 ANNUAL MEETING

Wednesday May 4, 2022



TRIBAL
HOME
VISITING

WELCOME & INTRODUCTIONS



Sophia Taula Lieras

*Umatilla/Cayuse/Walla
Walla/Nez Perce*

Project Director
Programmatic Assistance for
Tribal Home Visiting (PATH)
ZERO TO THREE



Carrie Peake

Lead Project Officer
Tribal Home Visiting
Administration for
Children and Families
U.S. Department of
Health and Human
Services



Brandi Smallwood

*Choctaw Nation of
Oklahoma*
Program Director
Chahta Inchukka
Choctaw Nation of
Oklahoma



Christi Hicks

*Choctaw Nation of
Oklahoma*
Program Manager
Emergency Services
Choctaw Nation of
Oklahoma



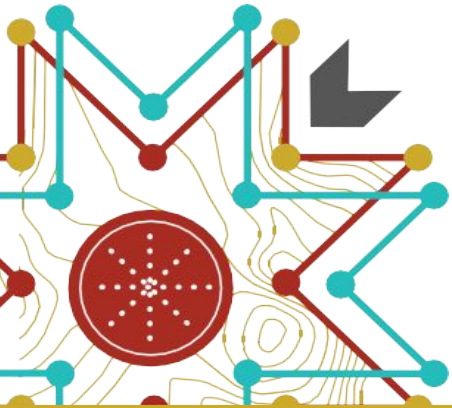
Amy Gourneau

*Turtle Mountain Band
of Chippewa/Ojibwa*
Program Director
Turtle Mountain
State/Tribal Home
Visiting

OBJECTIVES

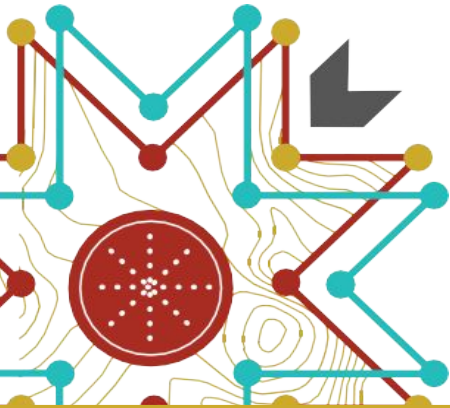
Audience will have an opportunity to learn and inquire about:

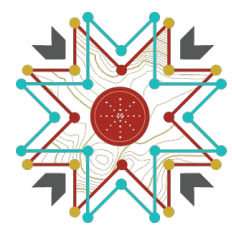
- the Tribal Home Visiting Program
- program services and goals
- families needs and service gaps
- impactful collaboration across THV and CSBG
- family success stories



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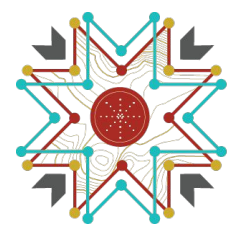
TRIBAL
HOME
VISITING

ADMINISTRATION FOR
CHILDREN & FAMILIES



**Tribal Maternal,
Infant, and Early
Childhood Home
Visiting Program**



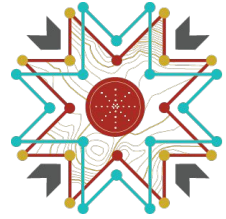


TRIBAL
HOME
VISITING

What is Home Visiting?

“An old practice renewed, an old tradition re-established” – Dr. Dolores BigFoot, Indian Country Child Trauma Center and University of Oklahoma Health Sciences Center



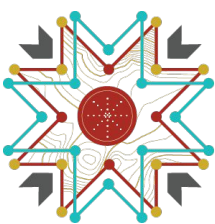


TRIBAL
HOME
VISITING

Home Visiting Works

- Evidence from research shows that home visiting:
 - Improves parental capacity and efficacy
 - Strengthens positive parenting behaviors & reduces negative ones
 - Improves birth outcomes
 - Promotes healthy child development & links children to appropriate services
 - Reduces maternal depression
 - Improves school readiness
 - Improves family economic self-sufficiency





TRIBAL
HOME
VISITING

What is the Tribal Home Visiting Program?

- Part of Maternal, Infant, and Early Childhood Home Visiting (MIECHV) Program authorized by Title V Section 511 of the Social Security Act
- 3 percent set-aside for grants to Indian tribes, consortia of tribes, tribal organizations, and urban Indian organizations
- Administered by ACF in collaboration with HRSA
- \$12 million annually, authorized through FY 2022
- Since FY 2010, have awarded 48 grants to 30 tribal entities; currently 23 grantees in 12 states



Tribal Home Visiting Program Goals



Support the development of healthy, happy, and successful AIAN children and families

Implement high-quality, culturally-relevant, evidence-based home visiting programs in AIAN communities

Expand the evidence base around home visiting interventions for Native populations

Support and strengthen cooperation and coordination, and promote linkages among early childhood programs and coordinated early childhood systems





Tribal Home Visiting Grant Activities

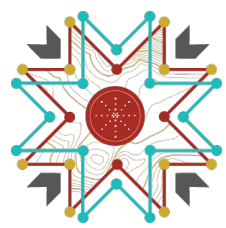
- Conduct a needs and readiness assessment of at-risk communities (Year I)
- Engage in collaborative planning and capacity building efforts to address identified needs through a home visiting program
- Provide high-quality, culturally relevant, voluntary, evidence-based home visiting services to families in at-risk communities
- Establish, measure, and report on progress toward meeting “benchmarks” performance measures for participating children and families
- Conduct rigorous local evaluations to answer questions of importance to tribal communities and build the evidence base for home visiting programs with AIAN populations





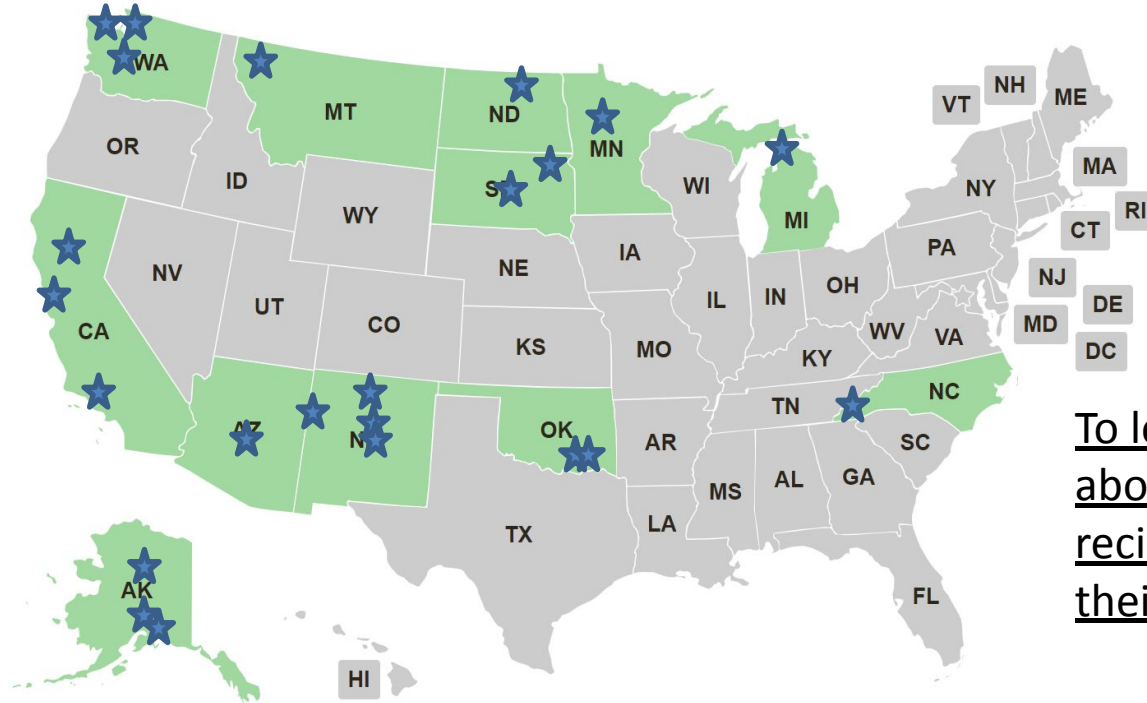
Video: “Tribal Home Visiting as a Traditional Concept”





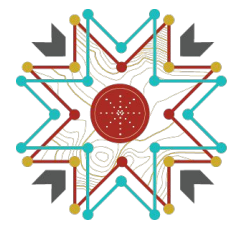
TRIBAL
HOME
VISITING

Tribal Home Visiting Grant Recipients



[To learn more about the grant recipients view their profiles!](#)





TRIBAL
HOME
VISITING

Cooperative Agreement

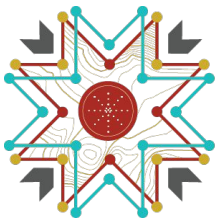
Substantial federal involvement

- Federal Project Officer, monthly calls, day-to-day support, annual and regional meetings, site visits

Universal, targeted, and intensive technical assistance

- Programmatic Assistance for Tribal Home Visiting (PATH)
- Tribal Home Visiting Evaluation Institute (TEI)





TRIBAL HOME VISITING

TRIBAL HOME VISITING IN ACTION 2020

"AS WE REFLECT ON OUR COVID-19 EXPERIENCE, WE ARE INSPIRED BY THE MESSAGE THAT WE CARRY THE PRIVILEGE OF SAFEGUARDING THE GOOD WITHIN OUR COMMUNITIES."
- PUEBLO OF SAN FELIPE



3,315 PARENTS AND CHILDREN SERVED

94%

OF REQUIRED HOME VISITS COMPLETED

90%

OF MOMS INITIATED BREASTFEEDING

37%



OF FAMILIES WERE NEWLY ENROLLED DESPITE COVID-19

82%



OF FAMILIES RETAINED

85%



OF FAMILIES WERE SCREENED FOR ECONOMIC STRAIN

90%

OF FAMILIES RECEIVED SAFE SLEEP EDUCATION

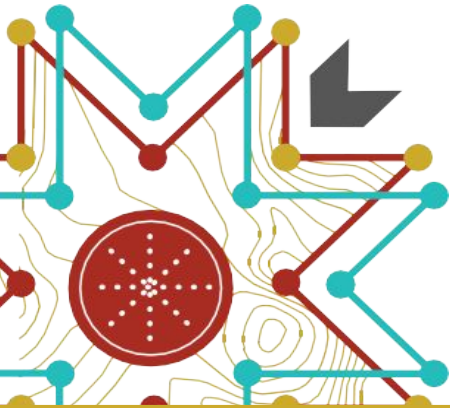
82%

OF CHILDREN HAD CAREGIVERS WHO READ, SANG OR TOLD STORIES TO THEM DAILY



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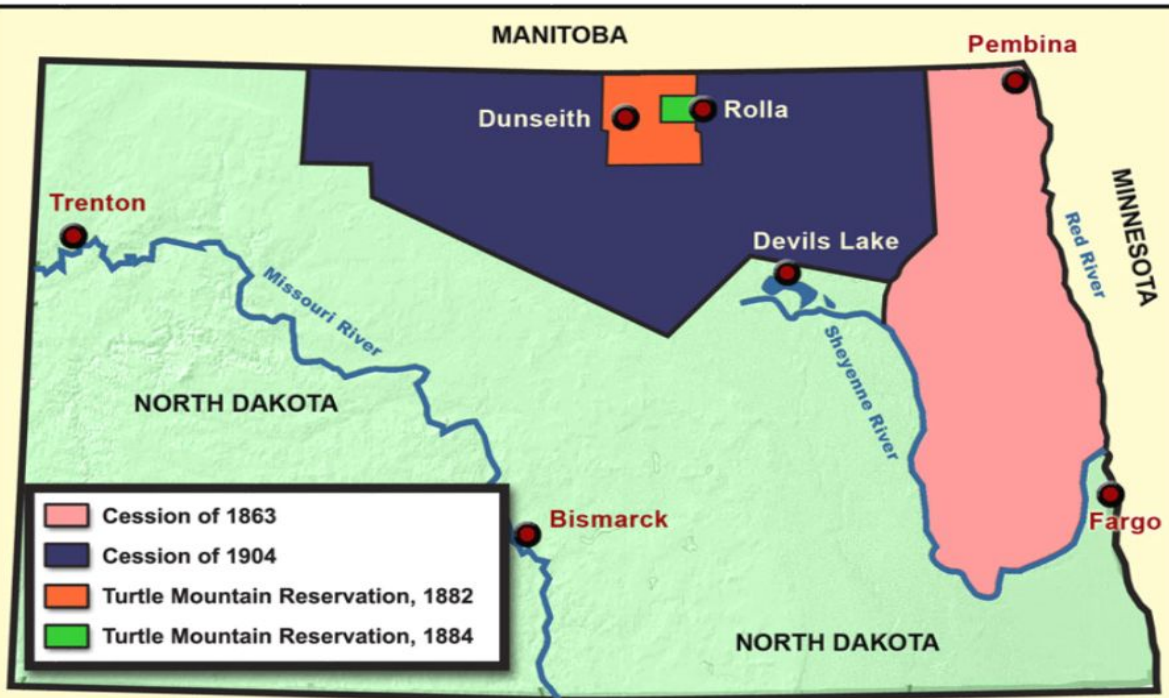
TURTLE MOUNTAIN TRIBAL HOME VISITING

Presented by: Amy Gourneau, Program Director
State MIECHV, Tribal MIECHV



TURTLE MOUNTAIN LANDS

CHIPPEWA LAND CESSIONS IN NORTH DAKOTA



- ❖ Ten miles south of the Canadian border, the Turtle Mountain Reservation is but a mere shadow of the original **11,000,000 acres** of tribal lands secured after the migration from the Great Lakes
- ❖ Turtle Mountain's current land base is only **6 x 12 miles**

TURTLE MOUNTAIN RESERVATION



- ❖ Rolette County population **14,616**. Fully **86.2%** of Rolette County is identified as **American Indian**.
- ❖ The Reservation is located on a 6 by 12 mile land base and is considered one of the most densely populated reservations in the US. The Tribe's enrollment is **33,830** members, of which **16,500** live on or adjacent to the Turtle Mountain Reservation.
- ❖ Tribal data reveals that **48%** of the Reservation population is **under** the age of **21** years.
- ❖ Turtle Mountain Tribe is the fastest growing population segment in North Dakota. For the past two decades, the Tribe has been growing at a **20%** rate while the national average has been **13%**. The US Census Bureau projects North Dakota as the state with the second fastest growth in Native Americans by 2025.

TURTLE MOUNTAIN **ECONOMY**

Nearly **60%** unemployment

Economic opportunities are limited with the main employers being the BIA/Tribe, schools, health care, and casino operations.

Challenges

- ❖ Geographically Isolated
- ❖ Disadvantaged in creating “drive through” economic development due to **lack of interstate highway access**;
- ❖ Disadvantaged from limitations due to **lack of breadth in their natural resource base**, e.g., small reservation, limited natural resource base;
- ❖ Disadvantaged from participating in the virtual internet economy due to **lack of access to high speed, reliable internet service**;

TURTLE MOUNTAIN CHILDREN AND FAMILIES

- ❖ Programs include: **Indian Health Services**, **Head Start**, **Healthy Start**, **WIC**, and the **Schools**.
- ❖ There are **not many services** for families with babies or young children (**age birth to five**).



HOME VISITING SERVICES

Turtle Mountain implements a high quality, culturally relevant, evidence-based home visiting program that provides families with regular visits that:



- **Support preventive health and prenatal practices**
- **Assist mothers on how to best breastfeed and care for infants**
- **Help parents understand child development and behaviors**
- **Promote parents' use of positive parenting techniques**
- **Work with parents to set goals for the future, continue their education and find employment and child care solutions**
- **Work with local and outside agencies to connect families to resources such as the TM Car Seat Program, WIC, Social Services, LIHEAP, Public Health Nursing, etc.**

TURTLE MOUNTAIN SUMMARY OF NEEDS

There is a highly at risk, highly in need population to be served at Turtle Mountain:

- ❖ TM is one of the most densely populated reservations in the US
- ❖ There is a significant population of tribal children/youth - **48% under the age of 21**
- ❖ There is a waiting list for the existing State MIECHV program, which only birth to age three
- ❖ **92%** of TM families with a female householder with children under age 5 live below the poverty level

The program needs to **target a wide range of primary caregivers:**

- ❖ Eligible pregnant and parenting women, expectant fathers, parents, grandparents raising grandchildren (**14.4%**), and foster parents all serve as TM primary caregivers.
- ❖ Teen mothers will be a priority population to be served: the teen birth rate at Turtle Mountain is **12.9%** as compared to **5%** for the State of North Dakota.

Families within the community face **tremendous challenges:**

- ❖ Multi-generational, persistent poverty (**44% poverty**)
- ❖ High unemployment (nearly **60%**)
- ❖ Poor housing
- ❖ Troubling alcohol, tobacco, and substance use with a recent significant rise in mothers using substances during pregnancy and of babies being born with negative impacts.

Significant **lack of resources (Tribal and Family)**

TURTLE MOUNTAIN SUMMARY OF STRENGTHS



The flip side is, when external support such as the State MIECHV and Tribal MIECHV programs are awarded and positive support is provided, **Turtle Mountain families respond** almost miraculously.

FY 2020-2021-Tribal MIECHV Program:

- ❖ **Delivered 1307 Home visits**
- ❖ **75 caregivers participated in 1307 lessons**
- ❖ **88% of families continued services (retention).**
- ❖ **100% of children were screened to determine age-appropriate skills via the ages and stages questionnaire.**
- ❖ **7 participants completed the program**
- ❖ **Among children who were identified as needing follow-up for developmental concerns, all received referrals for services and received services.**
- ❖ **Referrals to local agencies such as the TM Car Seat Program, WIC, Social Services, Housing, LIHEAP, Public Health, etc.**



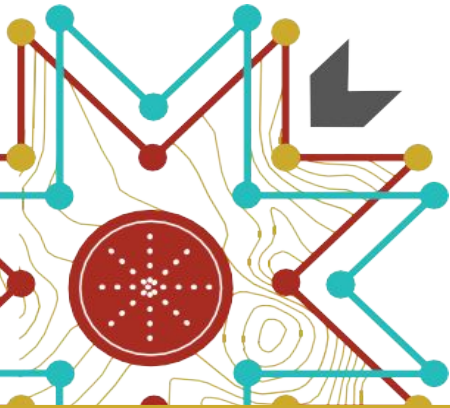
HOME VISITING NEEDS AND BENEFITS FOR FAMILIES



- **Funds for an additional Home Visitors (waiting lists)**
- **Funds for a male Home Visitor. Although, we do serve single fathers, the father's may feel more comfortable about a male home visitor and vice-versa.**
- **CSBG to waive car seat fees for Home Visiting Families.**
- **CSBG purchase pack and plays for families to promote safe sleep/prevent SIDS.**
- **Contract with Pediatrician to provide well-child visits.**

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Choctaw Nation of Oklahoma

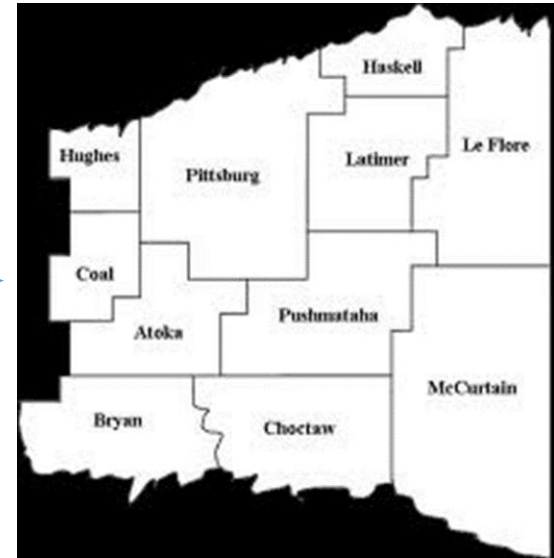
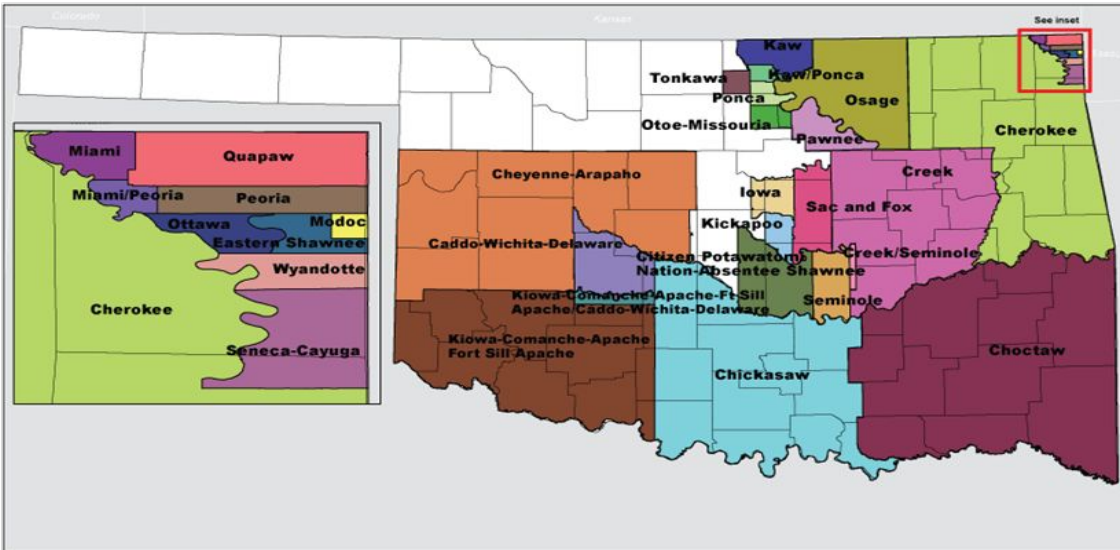


CNO Emergency Services & CSBG - Christi Hicks, Program Manager

CNO Chahta Inchukka - Brandi Smallwood, Program Coordinator



Oklahoma Tribal Areas



The Choctaw Nation tribal service area spans in excess of 11,200 square miles (larger than Delaware, Massachusetts, Rhode Island, and the District of Columbia combined). The Choctaw Nation serves as the second largest tribal service area in the lower 48 states, second only to Navajo. However, it serves over two times as many Native Americans.



Choctaw Nation's Home Visitation Programs

- Tribal Maternal, Infant, and Early Childhood Home Visitation Grants
 - Chahta Inchukka – Implementation and Expansion Grant 1
 - 2010 - Present
 - Chahta Vlla Apela – Implementation and Expansion Grant 2
 - 2012 - Present
- Tribally Supported
 - Guiding Adolescent Parents
 - 2005 – present
 - GAP Fatherhood Program
 - 2-year Pilot





Program Eligibility

Tribal MIECHV

- Reside in the 10 ½ county service area
- Be expecting or have a Native American child under 1 year
- Child must be CDIB eligible
- Additional criteria – must meet at least one

Low income	Women under 21
History of child abuse or neglect	History of substance abuse
Tobacco use	Low student achievement
Developmental delays or disabilities	Military families



Goals of TMIECHV Grants

- Increase parent knowledge of early childhood development and improve parenting practices.
- Provide early detection of developmental delays and health issues
- Prevent child abuse and neglect
- Increase children's school readiness and school success





“Home Visitation”

- Twice a month home visits for 24 months – 119 families per year
 - Currently utilizing a hybrid model of services
- Parents As Teachers foundational curriculum
 - Parent Centered Development,
 - Parent-Child Interaction,
 - Family Well-Being
- Parent and child assessments
- Cultural Group Connections - Monthly
- Earn Points and Fuel Vouchers for Participation





CSBG Overview

- Choctaw Nation's CSBG Program provided services to low-income Native Americans in the effort to favorably control the causes and conditions that result in unemployment, poor health, sub-standard housing, inadequate jobs, and inferior education.
- Choctaw Nation's CSBG program assisted 168 eligible households with a total of 408 people. Out of the 168 households, 51 had at least one member over the age of 60 and 28 had at least one household member that was under the age of 5.
- CSBG works with other tribal programs as well as other outside community agencies to ensure that families are assisted in the most beneficial way during an extreme hardship.



Partnership successes

CSBG helped many elder and disabled, low-income Native families that were struggling during an incredibly trying time due to the economy being hindered and practically shut down in 2020. These low-income families faced many financial obstacles. Many had major car repairs, home repairs, medical expenses alongside natural disasters during a pandemic, just to name a few.

CSBG helped with payment of household bills to offset these costs.

CSBG assisted one Native family with utilities to offset the cost of having to travel to chemo/radiation treatments and to numerous doctor appointments. This family was having a hard time paying for gas and also had a loss of income.

Another single father had lost his job due to his children being quarantined. We were able to assist him with utilities while he searched to regain employment.

By working together.....

- Hailey and Tom –
 - Young teenage couple (19 and 18)
 - When referred were living out of a car
 - At enrollment had moved into a shed they were trying to convert
 - No steady income, no transportation and too far out of town
 - Emergency Services – CSBG Funds – able to help them with deposits for an apartment and utilities
 - Now have stable housing, a steady job, running water, electricity
 - and are now a family of four with a brand-new baby!





..... we can make a
difference –

- Mother was in her early thirties, single mother, first child
- Was working on getting into her own apartment
- Placed on medical leave for high-risk pregnancy (hyperemesis gravidarum)
- Emergency services – CSBG Funds – deposits for apartment and utilities
- Was able to be in apartment and set-up before baby was born





To Whom it may concern,

The PPT program has been very beneficial to me for multiple reasons. First my case worker is phenomenal at her job. She is my go-to for my parenting questions, health questions, additional trice recurrences, and my hearing ear. She has helped me out multiple times and I'm tricker grateful for her. Another benefit of this program is hearing from other moms and group meetings. How busy people can be so quick to judge others and it's so nice to be a part of a group of moms who give advice on hearing ear. An adult is so nice to have a normally surrounded. I love how helps a parent milestones and goal for my child.



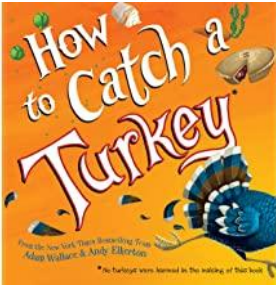
It helps me know areas my child is in and what they are. The assessments help a doctor in his child improve on the staying as healthy. It's highly recommend this program to anyone but especially first time moms. The support from everyone in the program helps me remain calm and stress free. It is so nice to be apart of a community of moms.

To whom it may concern,

I just want to begin by saying what a blessing checks checks has been. It's only been a week and I have my grandchild with me each and every time. I have learned so much and I have learned an impact and I have learned a confidence as a first-time parent. It has had the program not only educate about baby development, sleep and activities but it allows us to build grand's first weeks. I have my children need. One example is I was able to use my parents to purchase formula, nappies, baby food, and diapers during this holiday season. It has been amazing. I met other moms and I met other moms. It allows me to feel comfortable and I can be able to allow me to check about whatever it may need to be done. I have been through the development checklist to see how my own is doing and it allows me to be able to help me to work on. The development of this program has been very beneficial to me and my family. I am very appreciative.

Kemp, Sarah

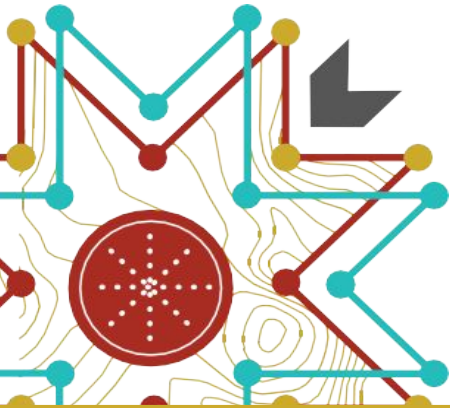
This program has helped me not only understand my roll as a mom but has also showed me how I can be the best parent for my child. Being a first time mother I have learned many things such as to take time for myself, how I can provide so that my baby gets what he needs, and that I have support. I am so grateful for this program and would recommend it to anyone!



Yakok e

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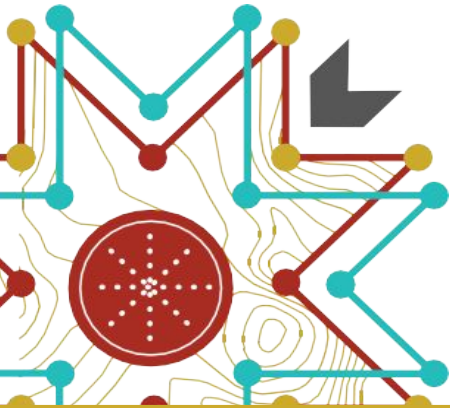




QUESTIONS?

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TRIBAL
HOME
VISITING

Precious Moments

Tribal Home Visiting
Programs Support Families
During Pregnancy and
Postpartum

THV MOST RECENT ISSUE BRIEF:

**Precious Moments: Tribal
Home Visiting Programs Support
Families During Pregnancy and
Postpartum**



[Precious Moments Issue Brief Promotion Video](#)



[Precious Moments Issue Brief PDF](#)



thank you

For more information, please visit the Tribal Home Visiting website:
<https://www.acf.hhs.gov/ecd/tribal/tribal-home-visiting>